

State Model Government Ayurveda College SMIAS, Gandhinagar

Time Table for Academic Batch 2025-26 BAMS First Year (1st term) Effective from- 24/11/25 to 30/04/26

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 to 10 AM	Rachana Sharir (LH) (Dr. Giriraj Sharma)	Sanskrit (LH) Dr. Ushaba Chudasama	Padarth Vigyan (LH) Dr. Vibha Sood	Rachana Sharir (NLH) (Dr. Giriraj Sharma)	Samhita Adhyayan (NLH Pathan) Dr. Vibha Sood	Kriya Sharir (LH) (Dr. Pankaj Jain)
10 to 11 AM	Padarth Vigyan (LH) Dr. Vibha Sood	Rachana Sharir (LH) (Dr. Arpita Mathur)	Rachana Sharir (LH) (Dr. Omkar Barge)	Kriya Sharir (LH) (Dr. Nitesh Vyas)	Samhita Adhyayan (NLH Pathan) Dr. Vibha Sood	Samhita Adhyayan (NLH - T) Dr. S. Mishra
11 to 12 PM	Samhita Adhyayan (LH) Dr. Vibha Sood	Samhita Adhyayan (NLH -T) Dr. S. Mishra	Kriya Sharir (LH) Dr. Kamlesh Sharma	Padarth Vigyan (NLH) Dr. Vibha Sood	Rachana Sharir (NLH) (Dr.Arпита Mathur - 1 st -2 nd / Dr.Omkar Barge 3 rd -4 th -5 th week)	Sanskrit (NLH) Dr. Ushaba Chudasama
12 TO 1 PM	Samhita Adhyayan (LH) Dr. S. Mishra	Samhita Adhyayan (NLH-Pathan) Dr. S. Mishra	Sanskrit (LH) Dr.Ushaba Chudasama	Padarth Vigyan (NLH) Dr. Vibha Sood	Rachana Sharir (LH) (Dr. Giriraj Sharma)	
1 to 2 PM						
2 to 3 PM	Sanskrit (NLH-Practical) Dr.Ushaba Chudasama	Padarth Vigyan (NLH) Dr. VibhaSood	Samhita Adhyayan (LH) Dr.S.Mishra	Remedial classes	Kriya Sharir (NLH) (Dr. Nitesh Vyas-1 st , 2 ND / Dr. Kamlesh Sharma-3 RD - 4 TH - 5 th)	
3 to 4 PM	(NLH-Practical) Rachana Sharir (Dr. Omkar Barge)	(NLH-Practical) Rachana Sharir (Dr. Omkar Barge)	(NLH-Practical) Rachana Sharir (Dr. Arpita Mathur)	(NLH-Practical) Rachana Sharir (Dr. Arpita Mathur)	Sanskrit (NLH) Dr. Ushaba Chudasama	
4 to 5 PM	Kriya Sharir (Dr. Nitesh Vyas)	Kriya Sharir (Dr. Pankaj Jain)	Kriya Sharir (Dr. Nitesh Vyas)	Kriya Sharir (Dr. Pankaj Jain)	Sanskrit (NLH) Dr. Ushaba Chudasama	

For practical (3 to 5 pm)

A-Batch Roll (1-58) { 1st and 3rd week Rachana Sharir/ 2nd and 4th week Kriya Sharir Lab }

B-Batch Roll (59-115) { 1st and 3rd week Kriya Sharir / 2nd and 4th week Rachana Sharir lab }

Copy to- 1. All HOD of First year BAMS 2. All faculties of first year BAMS 3. Academic branch file 4. Notice board

State Model Government Ayurveda College SMIAS, Gandhinagar

SUBJECTS	TERMS 1ST LH (T) Required by NCISM	NLH (T) Required by NCISM	NLH (P) Allotted by NCISM	As per Time table 8 H / Per Week	5 months Allotted
Rachana Sharir	Required 52	Required 24	4 Hours per batch	LH 4 NLH T 2 NLH P 8 H / per b. 4	LH- 80 NLH- 40
Kriya Sharir	Required 49	Required 15	4 Hours per batch	LH 3 NLH T 1 NLH P 8 H / per b. 4	LH- 60 NLH- 20
Samhita Adhyayan 1	Required - 50	Required – T 30 Pathan - 50		LH 3 NLH T 2 Pathan -3	LH - 60 NLH T - 40 Pathan- 60
Padarth Vigyan	Required - 27	Required – 42		LH 2 NLH T 3	LH - 40 NLH - 60
Sanskrit	Required - 30	Required – 48	P-08	LH 2 NLH T 3 NLH P- 1	LH- 40 NLH- 60 NLH P- 20

State Model Government Ayurveda College SMIAS, Gandhinagar

Time Table for Academic Batch 2025-26 BAMS First Year (2nd term) Effective from- 01/05/26 to 30/10/26

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 to 10 AM	Rachana Sharir (LH) (Dr. Giriraj Sharma)	Sanskrit (LH) Dr. Ushaba Chudasama	Padarth Vigyan (LH) Dr. Vibha Sood	Rachana Sharir (NLH) (Dr. Giriraj Sharma)	Samhita Adhyayan (NLH Pathan) Dr. Vibha Sood	Kriya Sharir (LH) (Dr. Pankaj Jain)
10 to 11 AM	Padarth Vigyan (LH) Dr. Vibha Sood	Rachana Sharir (LH) (Dr. Arpita Mathur)	Rachana Sharir (LH) (Dr. Omkar Barge)	Kriya Sharir (LH) (Dr. Nitesh Vyas)	Samhita Adhyayan (NLH Pathan) Dr. Vibha Sood	Samhita Adhyayan (NLH - T) Dr. S. Mishra
11 to 12 PM	Samhita Adhyayan (LH) Dr. Vibha Sood	Samhita Adhyayan (NLH - T) Dr. S. Mishra	Kriya Sharir (LH) Dr. Kamlesh Sharma	Sanskrit (NLH) Dr. Ushaba Chudasama	Rachana Sharir(NLH) (Dr.Arпита Mathur - 1 st -2 nd /Dr.Omkar Barge 3 rd -4 th -5 th week)	Padarth Vigyan (NLH) Dr. Vibha Sood
12 TO 1 PM	Samhita Adhyayan (LH) Dr. S. Mishra	Samhita Adhyayan (NLH - T) Dr. S. Mishra	Sanskrit (LH) Dr. Ushaba Chudasama	Padarth Vigyan (NLH) Dr. Vibha Sood	Kriya Sharir (NLH) (Dr. Pankaj Jain-1 ST / Dr. Nitesh Vyas- 2 ND & 5 TH / Dr. Kamlesh Sharma-3 RD - 4 TH)	Remedial classes (up to 12.30pm)
1 to 2 PM						
2 to 3 PM	Sanskrit (NLH) Dr. Ushaba Chudasama	Padarth Vigyan (NLH) Dr. Vibha Sood	Samhita Adhyayan (LH) Dr. S. Mishra	Sanskrit (NLH) Dr. Ushaba Chudasama	Rachana Sharir (LH) (Dr. Giriraj Sharma)	
3 to 4 PM	(NLH-Practical) Rachana Sharir (Dr. Omkar Barge)	(NLH-Practical) Rachana Sharir (Dr. Omkar Barge)	(NLH-Practical) Rachana Sharir (Dr. Arpita Mathur)	(NLH-Practical) Rachana Sharir (Dr. Arpita Mathur)	Sanskrit (NLH-Practical) Dr.Ushaba Chudasama	
4 to 5 PM	Kriya Sharir (Dr. Nitesh Vyas)	Kriya Sharir (Dr. Pankaj Jain)	Kriya Sharir (Dr. Nitesh Vyas)	Kriya Sharir (Dr. Pankaj Jain)	Sanskrit (NLH-Practical) Dr.Ushaba Chudasama	

For practical (3 to 5 pm)

A-Batch Roll (1-58) { 1st and 3rd week Rachana Sharir/ 2nd and 4th week Kriya Sharir Lab }

B-Batch Roll (59-115) { 1st and 3rd week Kriya Sharir / 2nd and 4th week Rachana Sharir lab }

Copy to- 1. All HOD of First year BAMS

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State Model Government Ayurveda College SMIAS, Gandhinagar

SUBJECTS	TERMS 2nd LH (T) Required by NCISM	NLH (T) Required by NCISM	NLH (P) Allotted by NCISM	As per Time table 8 H / Per Week	5 months
Rachana Sharir	Required 74	Required 34	4 Hours per batch	LH 4 NLH T 2 NLH P 8 H / per b. 4	LH- 80 NLH- 40
Kriya Sharir	Required 52	Required 19	4 Hours per batch	LH 3 NLH T 1 NLH P 8 H / per b. 4	LH- 60 NLH- 20
Samhita Adhyayan 1	Required - 50	Required – T 50 Pathan - 40		LH 3 NLH T 3 Pathan - 2	LH - 60 NLH- 60 Pathan- 40
Padarth Vigyan	Required - 38	Required – 59		LH 2 NLH T 3	LH- 40 NLH- 60
Sanskrit	Required - 49	Required – 59	P-37	LH 2 NLH T 3 NLH P- 2	LH- 40 NLH- 60 NLH P- 40

State Model Government Ayurveda College SMIAS, Gandhinagar

Time Table for Academic Batch 2025-26 BAMS First Year (3rd term) Effective from 01/11/26 to 28/02/27

Day/Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 to 10 AM	Sanskrit (NLH-Practical) Dr.Ushaba Chudasama	Samhita Adhyayan (NLH Pathan) Dr.S.Mishra	Sanskrit (LH) Dr.Ushaba Chudasama	Padarth Vigyan (NLH) Dr. Vibha Sood	Kriya Sharir (LH) (Dr.Kamlesh Sharma)	Samhita Adhyayan (NLH - T) Dr.Vibha Sood
10 to 11 AM	Samhita Adhyayan (LH) Dr.S.Mishra		Rachana Sharir (LH) (Dr.Giriraj Sharma)	Rachana Sharir (LH) (Dr.Omkar Barge)	Rachana Sharir (NLH) (Dr.Omkar Barge- 1 st -2 nd / Dr.Arпита Mathur 3 rd -4 th -5 th week)	Rachana Sharir (NLH Activities) (Dr. Giriraj Sharma)
11 to 12 PM	(NLH-Practical) Rachana Sharir (Dr. Omkar Barge) Kriya Sharir (Dr. Nitesh Vyas)	(NLH-Practical) Rachana Sharir (Dr. Omkar Barge) Kriya Sharir (Dr. Pankaj Jain)	(NLH-Practical) Rachana Sharir (Dr. Arпита Mathur) Kriya Sharir (Dr. Nitesh Vyas)	(NLH-Practical) Rachana Sharir (Dr. Arпита Mathur) Kriya Sharir (Dr. Pankaj Jain)	Samhita Adhyayan (NLH - T) Dr.S.Mishra	Physical Education / Extra-Curricular Activities 1hr/month
12 to 1 PM					Samhita Adhyayan (LH) Dr.Vibha Sood	
1 to 2 PM						
2 to 3 PM	Kriya Sharir (LH) (Dr.Pankaj Jain)	Kriya Sharir (LH) (Dr.Nitesh Vyas)	Padarth Vigyan (LH) Dr. Vibha Sood	Sanskrit (NLH) Dr.Ushaba Chudasama	Kriya Sharir (NLH) (Dr.Kamlesh Sharma-1 st -2 ND / Dr. Pankaj Jain- 3 rd & 5 TH / Dr. Nitesh Vyas- 4 th week)	
3 to 4 PM	Rachana Sharir (LH) (Dr.Giriraj Sharma)	Rachana Sharir (LH) (Dr.Arпита Mathur)	Samhita Adhyayan (NLH - T) Dr.Vibha Sood	Sanskrit (LH) Dr.Ushaba Chudasama	Remedial classes	
4 to 5 PM	Padarth Vigyan (LH) Dr. Vibha Sood	Padarth Vigyan (NLH) Dr. Vibha Sood	Sanskrit (NLH) Dr.Ushaba Chudasama	Library	Library	

For practical (3 to 5 pm)

A-Batch Roll (1-58) { 1st and 3rd week Rachana Sharir/ 2nd and 4th week Kriya Sharir Lab }

B-Batch Roll (59-115) { 1st and 3rd week Kriya Sharir / 2nd and 4th week Rachana Sharir lab }

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SUBJECTS	TERMS 3rd LH (T) Required by NCISM	NLH (T) Required by NCISM	NLH (P) Required by NCISM	As per Time table / Per Week Allotted	4 months
Rachana Sharir	Required 52	Required 22	4 Hours per batch	LH 4 NLH T 2 NLH P per b. 4	LH- 64 NLH T- 32
Kriya Sharir	Required 49	Required 16	4 Hours per batch	LH 3 NLH T 1 NLH P per b. 4	LH - 48 NLH- 16
Samhita Adhyayan 1	Required - 40	Required – 50 (Activity) Pathan- 40		LH 2 NLH T 3 NLH Pathan 2	LH- 32 NLH T- 48 NLH Pathan- 32
Padarth Vigyan	Required - 25	Required – 39		LH 2 NLH T 2	LH - 32 NLH- 32
Sanskrit	Required - 21	Required – NLH T 33	P-15	LH 2 NLH T 2 NLH P- 1	LH- 32 NLH T- 32 NLH P- 16

Total Required Lectures & Allotted Lectures

SUBJECTS	Required Lectures acc. To NCISM			Allotted Lectures		
	LH	NLH T	NLH P	LH	NLH T	NLH P
Rachana Sharir	180	80	240	224	112 (20 NLH P Included)	224
Kriya Sharir	150	50	200	168	56	224
Samhita Adhyayan 1	140	130	130 (Pathan)	152	148	132(Pathan)
Padarth Vigyan	90	140	-	112	152	-
Sanskrit	100	140	60	112	152	76